Yale sustainable food program
Lazarus Summer Internship
May 31 – August 13, 2016

Description
Since 2003, the Yale Sustainable Food Program has awarded Yale College students an opportunity to engage in food and agriculture through direct, hands-on learning at the Yale Farm and in the broader community. Each summer, a select group of Lazarus Summer Interns:

• Learn how to cultivate our one-acre urban plot at hand-scale, using organic methods including seeding, pest management, crop rotation, and irrigation
• Learn how to harvest and effectively market vegetables to urban consumers
• Become familiar with agricultural economics
• Learn the critical thinking skills necessary to manage complex agricultural systems
• Hone teaching and public speaking skills while hosting groups and volunteers each week
• Gain a unique understanding of food security issues in New Haven
• Improve credibility for careers within and outside the food movement
• Participate in weekly courses to expand their understanding of topics related to food, agriculture, and the environment
• Take a series of field trips to farms and organizations across Connecticut and New England

The Yale Sustainable Food Program is dedicated to educating the next generation of food literate leaders. The Lazarus Summer Internship can act as a springboard for students who wish to incorporate tenets of sustainable food and agriculture into their course of study at Yale and their subsequent careers.

Responsibilities

• With the Field Academic Manager and the Lazarus Senior Intern, Interns are responsible for the day to day management of the Farm, including: planting, pest and weed control, soil management, harvesting, and selling our produce at farmers market
• Interns act as ambassadors for the Yale Farm – they are expected to understand our mission, lead informative farm tours, and coordinate farm volunteers
• Interns participate in rotating shifts at the Wooster Square farmers’ market on Saturdays
• Interns plan, complete and present an independent project on a topic relating to food and agriculture

Qualifications

1. Strong academic interest in food and agriculture
2. Ability to work in physically demanding conditions
3. Ability to work well within a small group
4. Ability to plan and carry out an independent project in food and agriculture.
Yale sustainable food program
Lazarus Summer Internship
May 31 – August 13, 2016

The Yale Sustainable Food Program’s Field Academic Manager, Jeremy Oldfield, leads interns in their day-to-day work. The Lazarus Senior Intern will assist in Intern training, group discussion, and off-farm mentorship. Interns will have the opportunity to be taught and mentored by dedicated members of the YSFP staff.

Lazarus Award

Payment is made possible by the Lazarus Fund for Sustainable Food and Agriculture at Yale. Lazarus Summer Interns are paid a total of $4,000; students are required to sign a contract before the first payment is administered. This funding is paid in monthly installments throughout the summer.

Weekly Schedule

Interns work Tuesday through Saturday, 8:30am-4:30pm. We start each morning promptly with a crew check-in and a meeting to go over the day’s tasks. We take a one-hour break for lunch each day, with a special meal provided at least one day per week.

We sell our produce at City Seed’s Wooster Square Farmers’ Market each Saturday from 9:00am-1:00pm rain or shine. Pairs of interns rotate market shifts each week; those going to market arrive early Saturday morning (~7:00 am, in time set up) and are free to leave after returning from market (2:00 pm). The rest of the crew will work a regular day on the farm. On Fridays and Saturdays we often host visitors from other schools or organizations; being engaging educators is as important as being a stewards of the space.

A typical week looks like this:

<table>
<thead>
<tr>
<th>Day</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tuesday</td>
<td>Farm walkaround (educational tour), farm work</td>
</tr>
<tr>
<td>Wednesday</td>
<td>Classroom discussion, farm work</td>
</tr>
<tr>
<td>Thursday</td>
<td>Field trip to regional farm or food facility, farm work</td>
</tr>
<tr>
<td>Friday</td>
<td>Harvest and prepare for market, farm work; open to volunteers and visitors</td>
</tr>
<tr>
<td>Saturday</td>
<td>Farm work; open to volunteers and visitors</td>
</tr>
<tr>
<td></td>
<td>Two interns at market 7:00 am-2:00 pm</td>
</tr>
<tr>
<td>Sunday</td>
<td>Off</td>
</tr>
<tr>
<td>Monday</td>
<td>Off</td>
</tr>
</tbody>
</table>
Yale sustainable food program
Lazarus Summer Internship
May 31 – August 13, 2016

Classes and trips

We strive to shape courses and trips to fit our students’ interests. Some that we tend to take annually include:

**University of Vermont Food Systems Summit:** This 2-day conference is an annual event drawing scholars, practitioners, and food systems leaders to engage in dialogue on the pressing food systems issues facing our world.

**Thimble Island Oysters:** We head off to Branford for a full day to work on an oyster boat with “your local oysterman” Bren Smith. We also collect invasive Asian shore crabs for our friend Bun Lai at Miya’s Sushi.

**Massaro Community Farm:** Each summer we take several trips to this Community Supported Agriculture in nearby Woodbridge, CT. This mixed vegetable operation cultivates on 6+ acres, and offers an excellent introduction to farming at production scale.

**FreshPoint Produce Terminal:** Located near Hartford, CT, FreshPoint Connecticut sources much of Yale University’s produce. Interns hear about the state of wholesale food distribution from Vice President Dave Yandow and tour the terminal.

**Common Ground High School:** Common Ground is an environmental charter school in New Haven, CT with an urban farm, educational garden, and environmental center. We visit Common Ground to learn about the school’s programming and spend the afternoon doing farm work with Common Ground summer interns.

Classes have included:

- Basics of sustainable agriculture & managing soil fertility
- CitySeed: farmer’s markets & food justice
- Lacto-fermentation workshop
- Leadership, managing a work crew, and giving tours of the farm
- Notes from the field: cheese production with Professor Maria Trumpler
- Baking in a wood-fired hearth oven
- Farm and food lexicon

**Final project**

Each student is expected to complete a final project on a topic of his/her choice. This project can act as a gateway to an independent study, answer a research question, help guide food and agriculture in to your course of academic study, or simply satisfy a personal interest. Students will work with a mentor from YSFP’s staff to develop a framework and deliverable for the project. The Internship concludes with project presentations to the YSFP staff.